since





Our Program

El Nido Family Centers' Early Head Start (EHS) Program, which replicates the national home visitation model, began in South Los Angeles in 2001; with expansion in 2009. Our dedicated EHS team provides comprehensive child development and family support services at no cost to low-income pregnant women and families with children ages 3 and under.

The El Nido Family Center team includes specialists for recruitment and enrollment, early childhood education, disability, school readiness, health and nutrition, and family and community engagement. Other members include 14 Early Childhood Parent Coaches who make weekly home visits, a mental health consultant, and a registered dietician. Together the team provides home and program center services that aid in improving a child's development in the areas of gross motor, language, social, and cognitive skills. Children also receive vision and dental checkups provided by the program through community partnerships.

The El Nido Family Center EHS Program serves South Los Angeles zip codes 90002, 90003, 90044, and 90047 that fall in Office of Head Start Region IX. The area covered roughly lies between Slauson Avenue to El Segundo Boulevard and Van Ness Avenue to Alameda Boulevard.



Activities at our Family and Community Center

El Nido Family Center's Early Head Start Program provides many resources that benefit the whole family. Parents receive a monthly calendar with upcoming program activities and events through their Parent Coach, by mail, or by joining our Facebook and Instagram pages. Most events are held on-site at a time best convenient for families.



Policy Council

Elected parents who represent their child's class attend monthly meetings with program staff to provide feedback and assist in decision-making regarding program governance.

El Nido Farmers Market

Where fresh fruits and vegetables are provided once a week via our partnership with the agency Food Forward. Families are able to come in on Wednesdays from 9 a.m.-4 p.m. to pick up produce.

Parent Committee

Parents have the opportunity to provide feedback and assist in the development of program activities for their children.

Parent Lounge

The Parent Lounge is exclusively for our parents to come into and socialize with other parents and attend workshops.

Play and Learn Groups

Offered twice a month and aimed at offering the best group social learning environment and developmental needs for each child.

Parent Educational Workshops

Include a variety of topics such as parenting, child development, car seat safety, healthy living, special needs, and successful transitions to Head Start and early childhood centers.

Open Play

Children build on their physical development and parents create friendships with other parents in our specially designed outdoor area for children Birth-to-5. Open during Summer Time; Wednesdays 1-4 p.m.

Toy Loan

Sponsored by LA County DPSS – provides families with toys they can check out for their kids weekly in a setting similar to a library. This allows kids to begin to learn social responsibility/accountability.

FEAST

Where families participate in a 16-week class once a week to learn about nutrition and having a healthy relationship with food. This course also includes a mental health portion where families share experiences. All participants get a \$15 gift card every week at the end of each session.

"Ask Our Therapist Anything"

Every Wednesday from 12:30-1:30p.m. Parents can ask any question they may have to our therapist regarding Mental Health.

Opening Doors/Abriendo Puertas

Ten-session series starting September, yearly. The mission of this workshop is to support parents as leaders of their families and as their child's first and most influential teacher in a home that is their child's first school.

Client Highlights



Wendolyn Montepeque

Yo e estado en el programa por muchos anos, con dos de mis hijos. Me gusta mucho este programa porque me an ayudado mucho con mis hijos y familia. Las maestras son muy buenas y me entienden. E podido conocer a otras familias y e echo amigas aqui. Me ayudaron con las terapias de mi hijo y siem-pre me apoyan cuando necesito algo. No tengo nada mas que buenas cosas que decir sobre este programa. Quisiera quedarme pa-ra siempre pero me conformo con el tiempo que tengo. Gracias por todo.

Rosa Mendez

I have been in this program for almost a year now. I started when I was pregnant, and now, I have my son. I love this program; they have helped me so much. They helped me find a shelter when I didn't have housing, they helped me learn more about parenting, and prepared me for being a mom. They have helped me so much with my son with resources and essential items. I love this program and all the staff. I always feel welcome and recommend it to all the parents. Thank you for everything.



School Readiness During Pandemic Recovery!

During 2022 (PY21/22), El Nido's Early Head Start program slowly began to resume face-to-face services in the community. Home visits were provided in outdoor locations at our families' homes or at the center as indicated by the individualized plan. Play and Learn Groups (aka socialization groups) transitioned from being offered virtually to being offered in person following our Covid protocols for small groups that registered prior to the event. Our general goal for all 5 domains is listed to the right.

Our curricular tools expanded to include more developmentally appropriate exploration activities and digital communication tools to enhance parent engagement. We also added a new parent engagement curriculum, Ready Rosie, that provides visual modeling for parents, demonstrating families teaching their children in everyday home settings. We continued to offer LENA Home Services to support children and families in language development and skills. We moved back to our School Readiness program goal setting of 80% meeting expectations as planned at the onset of the pandemic.

We also felt this year continued to be emotionally challenging for all – children, parents, and staff. Moving back to pre-pandemic expectations is not an easy task, but we are making steady progress and helping families be more comfortable letting us into their homes and coming out of their homes to engage with us at our program site for socials, workshops, and events.



The 5 School Readiness Goals

Approaches to Learning

Children will demonstrate developmentally appropriate approaches toward learning.



2

Social-Emotional Development

Children will demonstrate developmentally appropriate positive emotion regulation, emotional well-being, and social behavior with adults and peers.

3

Language and Communication

Children will demonstrate developmentally appropriate positive communication, language, and emergent literacy skills.



Cognitive Development

Children will demonstrate developmentally appropriate positive general cognitive skills.



5

Perceptual, Motor, and Physical Development

Children will demonstrate developmentally appropriate physical development and health and safety skills.

Program Data

The PIR (Program Information Reports) provides comprehensive data on the services, enrollment, staff, demographics, children, and families served by the Head Start and Early Head Start programs nationwide. All grantees and delegates are required to submit Program Information Reports for Head Start and Early Head Start programs. The PIR is an important source of descriptive and service data for the Head Start community, their partners, Congress, and the general public. The PIR data is compiled for use at the federal, regional, state, and local levels.

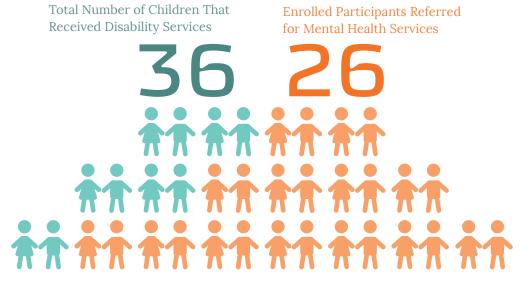
Enrollment 2021-2022	
Funded Enrollment	144
Home-based Program	144
Total Number of Families	131
Number of Children	149
Number of Pregnant Women	14
Total Cumulative Enrollment (# of Children & Pregnant Women)	163

Enrollment by Type of Eligibility	
Income below 100% of Federal Poverty Line	87
Foster Children	8
Homeless	16
Over Income	10
Income Between 100% & 130% of Poverty	17
Public Assistance	25

Enrolled Children That Received Routine Medical Care from a Pediatrician



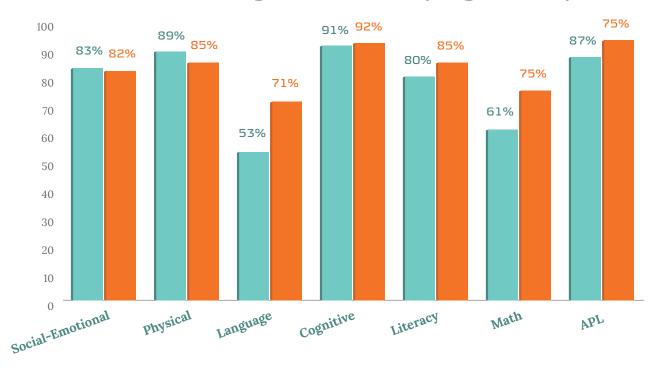
Enrolled Children with Disabilities



School Readiness 21-22 Outcomes

The following graph shows a comparison of School Readiness Goals Outcomes data for Summer (end of the program year) 20-21 and Summer 21-22. All 5 domains: Approaches to Learning, Language and Communication, Cognition, Perceptual, Motor and Physical Development, and Social-Emotional Development are included, as well as the two content areas of Literacy (a content of Language Development) and Emerging Mathematics (a content of Cognitive development).

Summer Program Year 20-21 Data Compared to Summer Program Year 21-22 (Program wide)



Analysis

The data shows that in PY 21-22, infants, toddlers, and two-year-olds made gains in all but two of the learning domains. These domains were Social and Emotional Development and Physical Development. It is not surprising that those two areas were affected by the global trauma we all faced. We met our School Readiness program goal of 80% this PY in all but Language and Math Development, which aligns with our outcomes progress in past program years.

Program Efforts

Practice-Based Coaching continues to be implemented to support our Parent Coaches in supporting parents in being their child's first teacher. Our Early Childhood Mentor Coaches continue to offer Together Learning and Collaborating groups to Parent Coaches who wish to excel, expand their skills, and invest time in their professional development in effective home visiting. Moving forward, we plan to continue and expand our work in helping parents maximize their potential as their child's first teacher with the goal of having at least 80% of enrollment meeting developmental expectations along all the Early Learning Outcomes framework domains and the content areas of Literacy and Math.



Fiscal Year Outcomes 21-22

Income	\$
Early Head Start Federal Funding	\$1,977,666

Expenses	\$
Personnel	\$1,074,646
Fringe Benefits	\$202,220
Travel	\$31,922
Supplies	\$70,556
Contractual	\$76,677
Other	\$423,264
Subtotal	\$1,879,285
Recipients share of net outlays (including in-kind)	\$164,297
Total expenses	\$2,043,582

Systems are in place to maintain fiscal controls, cost-effective management, monitoring, accountability, and compliance. Early Head Start funds are protected and expended appropriately through the supervision of the Director of Finance, internal and external reviews, and audits by the agency and the Office of Head Start, and overseen by the EHS Policy Council and the El Nido Board of Directors.

Agency Public & Private Funds	\$
Government Contracts	\$12,223,809
Foundations	\$1,035,657
Contributions	\$478,669
Miscellaneous & In-kind	\$2,336

Proposed Budget for 2022-2023 (including in-kind)

\$2,033,252

Results of Most Recent Review

In the fiscal year 2021, the Administration of Children and Families (ACF) Office of Head Start conducted the FA2 review. The program was found to be in compliance.

Financial Audit Information

The Agency's financial audit was completed in June 2021 with an unmodified audit opinion. For more information, visit our website: ElNidoFamilyCenters.org





We are looking for Prenatal women and children 0-3 years old to join our El Nido Family, if interested please contact us!

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p: (323) 971-7360

f: (323) 971-7377

If you would like more information, please visit

ElNidoFamilyCenters.org





