



elnido | *family centers*
...because a child cannot grow up twice

Administrative Office

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OUR VISION

Healthy families and communities that provide the resources and support for all young people to attain their full potential.

OUR MISSION

Empower families in low-income communities of Los Angeles County to break the cycle of poverty, child abuse, violence, academic failure, and teen pregnancy through outstanding educational, youth development, health and therapeutic services.

WHO BENEFITS

More than 10,000 children, youth and family members annually. Clients are diverse and span the life cycle from expectant mothers, babies, children through their early years to teens, parents of all ages and grandparent caregivers.

WHAT WE DO

El Nido Family Centers provides comprehensive family-strengthening services in high need communities of Los Angeles County. Our bilingual, multicultural staff provides home visitation, professional counseling, service coordination (linking families with all needed resources), and a variety of group educational, vocational, social networking, leadership development, and integration of healthy living opportunities.

OUR LEADERSHIP

Executive Director Liz Herrera, L.C.S.W. has spent her 30-year career with El Nido Family Centers. Board President Stuart Berton is an entertainment lawyer and active participant in the Los Angeles non-profit community.

PROGRAM FOCUS

- *Child Abuse Prevention and Treatment*
- *Teen Family Services*
- *Parent Education and Family Development*
- *Youth Development, Delinquency Prevention and Gang Prevention*

WHERE WE SERVE

- *Antelope and San Fernando Valleys, Compton, Inglewood, Pacoima, Mission Hills & South Los Angeles*
- *Client Homes*
- *Schools*

OUR CONTRIBUTORS

- *Individuals*
- *Corporations*
- *Foundations*
- *Federal, State, County & City Government*

"It's hard for me to express how much you have helped me to keep what I love most in life — my family. Thanks to you I have learned ways I can work at being a better parent. I will be thankful for the rest of my life."

- Parent Education Program Participant



OUR SERVICES

CHILD ABUSE PREVENTION & TREATMENT

El Nido's Child Abuse Prevention & Treatment programs provide comprehensive family strengthening services, responsive to the unique culture of each child and parent or caregiver. Goals are to prevent child abuse or neglect or its recurrence, and to reduce the symptoms of prior maltreatment. Services include intake and assessment, counseling, parent education and support groups, case management, and 24-hour emergency response.

TEEN FAMILY SERVICES

El Nido has a long-standing commitment to assisting two highly vulnerable populations—teen parents and their babies. Home visits screen for and address risk factors such as inadequate prenatal or well-baby care, child abuse or neglect, environmental hazards, domestic violence, substance abuse, depression, and developmental delay. Our staff educates and encourages teens, promoting healthy lifestyles, optimal birth outcomes, positive parenting, educational attainment, and vocational success.

PARENT EDUCATION & FAMILY DEVELOPMENT

Parenting classes are a first line of defense against potential child abuse or neglect, school failure or dropout, teen pregnancy, and other problems. Skilled facilitators teach parents about bonding and attachment, child development stages, loving discipline methods, promoting school success, and effective interpersonal communication. El Nido's Pacoima and South L.A. FamilySource Centers are a one-stop location where low-income families with children can turn for help with basic needs, healthcare access, educational attainment, career or leadership development and social supports. Additional home visitation programs reach out to mothers beginning prenatally, preparing them to give children the best start in life, from day one through their early years.

YOUTH DEVELOPMENT

El Nido's Gang Reduction & Youth Development program is part of a citywide effort to prevent violence by cutting off the supply of new gang members. Young people at risk find positive alternatives through innovative methods that engage their entire families. Delinquency prevention programs in Compton and South L.A. work with youth referred by schools and law enforcement agencies, providing services such as individual, group and family counseling, tutoring/mentoring and constructive youth development opportunities. Goals include preventing subsequent arrests, improving school attendance and academic achievement, enhancing vocational potential and postponing parenting until adulthood. We also provide college scholarships for 30 to 40 clients annually.